



CARRYING THE MESSAGE

November 2007

Volume 4, Issue 11

Anyone interested in receiving the
LOUISVILLE AREA NARCOTICS ANONYMOUS NEWSLETTER

Via email please send request to newsletter@NALouisville.org

AREA NEWS

**Louisville Area NA
Helpline 502-499-4423**

—Open Service Positions—

ASC: RCMA, P&P Chair,
Literature Chair

Newsletter Subcommittee:
Chair, Secretary, Vice Chair.

H&I Subcommittee:
Panel Leaders, Co-Panel Leaders,
Silent Panel Members, and
Speakers

Needs Support: Starting Over,
group meets at the VA Hospital on
Zorn Avenue on the 7th floor,
Saturdays from 10:00am to 11:00
am - Open discussion. They are in
need of members with clean time.

New Meeting: Hope Not Dope.
Meeting @ 7:30 every Thurs. Lo-
cated at 545 Floyd St. Corydon, IN.
Call (502)424-6570

**DoYou WantToLiveorDoYOU-
WantToDie:** Meeting Starting
Sept. 11th, 7- 8 p.m.

'Correction' New Meeting: At the
Trinity house 1000 E 11th St.,
in Jeffersonville, IN. It will be
Thursday nights 7:30pm – 9pm.

**The Louisville Area NA Helpline
(P.I.) subcommittee is changing
locations.** New address is Harvey
Brown Presbyterian Church 311
Browns Lane Room 221.

Meeting Change: Another Chance
Group has moved to 544 Main St.,
Shelbyville, KY. The building is
directly across the street from the
Sixth and Main Coffeehouse. Park-
ing is available either on Main St.
or on Sixth St.

**The Area Activities Subcommit-
tee is in need of your support.**
3rd Sat./ month at the Nia Center
2900 W. Broadway.
Meeting Change: 'Cool Changes'
meeting format will be Speaker,
Literature study, & OD.

This Month's Topic is: "Constantly in Contact"

When following the inner voice that quietly speaks to me, I must deal with the experience of uncertainty. The future is not laid out and comes down to trust - trusting that the support will be there; that the means will come; that if one path does not work out, God as I understand him will reveal another one. This is one of the gifts of practicing the 11th Step every day.

I can develop this trust from experience, both yours and mine. I stepped out in faith the first time, and the Fellowship supported me. I step out now and the assistance of God as I understand him is there, constant and strong. After several experiences, I begin to feel comfortable living by faith - the "invisible means of support." The 3rd Step prayer being answered just for today. I no longer need to know ahead of time how everything will work out. I step out in faith, in conscious contact.

So I will make the decision today. I will let go of the worry, the anxiety, and the doubt. I will have faith in my practice of spiritual principles, for it is here that my true security lies. For God will not abandon me if I maintain conscious contact with him. Keep the faith, and the faith will keep you.

-Anonymous

Turning Over

Thank you God for this clean day
Thanks you for the peace to pray
My search for your will
Finds me listening and still
I ask in my reflection
Your response perfect direction
My will while mine
I turn over, now thine
Thank you God for this clean day
Thank you for the peace to pray

-Anonymous

LACNA 18: Hotels & Hospitality Committee.

Seeking donations from Home Groups for the Hospitality Rooms during the convention. Accepting non-perishable items such as bottled water, can soft drinks, coffee, cookies, crackers, cream, hot chocolate, jelly, sugar, sweetener, tea bags, peanut butter, chips, etc.

Will accept perishable items on day of convention such as cakes, cheeses, dips, donuts, fruit, ice, juice, milk, pies, salsa, veggie trays, etc.
Seeking a few good people for service work at LACNA Convention To help host and maintain Hospitality Rooms.

Contact: Larry B. 648-5759.

Blind Faith

GSR Dwight T

We at the Blind Faith group of Narcotics Anonymous would like to express our thanks and gratitude to all of the members of N.A for coming out and supporting our meeting. Blind Faith has been up and running since December 15th 2006, we are located at 8412 Westport Road, at the Charles McDowell Center in the cafeteria. We meet every Wednesday at 7:30pm until 9pm.

This is an Open discussion meeting, there are at anytime many newcomers who stay at the facility and outside as well. We are need of more active, experienced members to come out and share their experience, strength and hope on recovery. This meeting is suffering as far as their attendance is concerned. Our literature says, we are willing to travel long distances in order to support another member or group, we must not forget how far we were willing to travel for the DOPE and what we were willing to do to get it. Help keep recovery alive in all areas of the city, let's try to support all meetings in our areas. I hope to hear all your voices soon.

In loving service
Thank You Dwight T. GSR Blind Faith

When I forget to stop and be grateful for what I have or ask for guidance from my Higher Power, I get jammed up in my head. It doesn't seem to matter how much time we have been clean. If we don't keep the basics going, our lives can still become unmanageable.

I have 10 simple questions I ask myself honestly every night. Although I do not like my answers every day, I can at least see what motives I had and check to see where I am. Tomorrow is a new day where I can start over, correct my wrongs of the day before, and learn from what I did. None of us are perfect, and what a relief it is for this addict not to have to try any more. As long as we do our part with the spiritual principles given to us and keep in contact with the God of our understanding, all will be well. My meditation relieves me and guides me throughout the day, and in the mornings it starts my day. We don't have to do it alone any more. We have this great NA family and the strength of our Higher Power by our side holding us up when we can't find the strength on our own that day.

Staying in contact with my Higher Power keeps me grounded to reality and helps me through any "no matter what"s to keep my life clean.

Kelly C

Carrying The Message

Continued from page 1 Column 2

Based on the Interview of Charlie R. By Kevin P. The 11th Step

- Kevin: How many times have you formally written on an eleventh step?
- Charlie: 6 times.
- Kevin: How has the process of your prayer changed throughout your recovery?
- Charlie: They've become more open for awareness.
- Kevin: How has the process of your meditation changed throughout your recovery?
- Charlie: It really hasn't changed. It's still based on the same values that I've always believed in.
- Kevin: Do you think both are necessary?
- Charlie: Yes. Very much so. Without the two I can't find the awareness of my heart in the process of becoming more human.
- Kevin: How has your conscious contact with your Higher Power changed?
- Charlie: It has taken away a form of self-righteousness and has improved my awareness of my faults.
- Kevin: Have you ever, throughout your recovery, had to seek a bigger God?
- Charlie: Everyday.
- Kevin: What do you have for the newcomer?
- Charlie: It's not about being right; it's about being human, since we are all an expression of manifestation.
- Kevin: Thank you for being of service.

I was getting ready to celebrate my 4yrs. of clean time and needed a speaker. I had asked two other addicts, but they had prior commitments. I took a chance and chose someone to call out of the newsletter. I chose Angie B. She gladly committed herself to be my speaker. This was on Wednesday and my celebration was on Saturday. I didn't even know who she was, I just took a chance. She came on Saturday and gave a powerful message of recovery. She shared her experiences and knowledge of the NA program with us. When the celebration was over, I thought about what she had said and it put a new perspective on life for me. It seemed like she was talking about me, but in fact it was my relationship to her story. There are no words to describe someone like her. She is someone I would like use as a mentor for the NA program. To commit to be a speaker for someone you don't know is a special way of doing service for the program. I want to thank her for being there for an addict like me.

I'll never forget you,
Elaine T.

Sign or Not to Sign

Many questions have come of late as to the signing of attendance sheets being in violation of certain Narcotics Anonymous traditions. It doesn't matter if it's an established meeting or a new meeting about to start, what does the NA World Service Organization say about it? Should home groups sign or not sign those papers we have all seen. If you are interested in what WSO has to say:

<http://www.na.org/bulletins/bull31.htm>
Here is a descriptive paragraph before the Introduction and the final Conclusion paragraph from that bulletin.

The following excerpts are from "The NA World Services Bulletin # 31 – Meeting Attendance Cards."

This paper, written 2002, is meant to serve as a response to the numerous inquiries we have received from groups regarding meeting attendance cards. The meeting attendance card phenomenon is multinational in scope. We are aware of it occurring in parts of North and South America, as well as Asia, the Pacific Rim, and Europe. Please note, however, that we are working from the North American experience and your own national or local situation might greatly affect the appropriateness of this bulletin.

Many of these attendance cards came about as tools developed by drug court to verify the mandatory attendance component of their sentences. Our initial interactions with drug courts began in the United States in 1998. There were approximately 100 drug courts in operation in the US at that time. It was projected that there could be 1500 drug courts in the US alone by 2004.

The group is the final authority in this matter. The suggestions offered here are merely intended to aid groups in their decision-making processes.

Conclusion

Drug courts, meeting attendance cards, and mandated attendance at NA meetings have become a reality of life and can be compatible with our primary purpose. A Narcotics Anonymous group has two basic choices in facing this reality: be proactive, have a plan of action, and then consistently carry through with it; or choose not to validate the attendance cards when they are presented. Ultimately, this is the group's decision—to seek the course of action you feel most likely to help the addict who still suffers. NAWS may be a valuable resource for your group in deciding what the best course of action is. Feel free to contact the WSO for assistance.

Jack B.

L.A.S.C.N.A

Louisville Area Service Committee
of Narcotics Anonymous

-Area Service Committee Meeting
1st Sunday of Every Month, 3:00pm
Bardstown Rd. Presbyterian
Church
1722 Bardstown Rd.

-Activities
3rd Sat./ month @ the Nia Center
2900 W. Broadway

-Helpline & Public Information
3rd Friday of Every Month, 6:30pm
Harvey Brown Presbyterian
311 Browns Lane Room 221
Contact Helpline:
helpline@NALouisville.org

-Hospitals & Institutions
3rd Wednesday of every Month,
6:30pm Green St. Baptist Church
519 E. Gray St.

-Literature Distribution
Call the Helpline for Information

-Newsletter
1st & 3rd Saturday of Every Month
2:00pm
Token III Club, back room
4014 Dutchman's Ln.
(where AGAPE meets)
Contact Newsletter:
newsletter@NALouisville.org

-Policies & Procedures
2nd Saturday of the month
10:00 a.m.
Perkfection Coffee Shop, 359
Spring St. Jeffersonville, IN
Contact: Nancy S. 502-439-2655

Narcotics Anonymous isn't affiliated
with any outside agency or facility
that may host N.A. meetings.

These Groups are in need of your support.

Blind Faith: Wed. 7:30pm

Never Alone: Thurs. 8:00p.m.

Restored to Sanity: Mon. 12:00pm
2600 Virginia Avenue

Saturday Nite Live: Sat. 7:30pm

Starting Over: Sat. 10am

Come out and help spread the message of NA.

NA Conventions and Functions

November 21st – 25th
Knoxville, TN

Volunteer Regional Convention XXV: Hotel Reservations:
800-836-8031; Event info:865-692-0854; www.vrc25.org

December 1st 07'
Another Chance Group

Another Chances' Holiday Feast: Look for flyers and stay
tuned for more information.

December 28th – Jan. 1st
Hilton KCI
Kansas City, MO

Freedom to Change New Year's Convention VIII: Hotel
Reservations 816-891-8900; Event info: www.ftckc.com

January 3rd – 6th
Hyatt Regency O'Hare
Rosemont

Chicagoland Regional Convention XX: Hotel reservations:
847-696-1234; Event Info: www.chicagoland.org

January 18th – 20th, 08'
Location: T.B.A

“— L.A.C.N.A XVIII —“
Pre-Registration Cost \$15 until June 30th, \$20 7/1 – 11/30, \$25
after Dec. 1st; Deadline to submit speaker tapes is May 12th;
Pre-Registration form available at
["http://www.nalouisville.org/pdf/lacnaxviii prereg.pdf"](http://www.nalouisville.org/pdf/lacnaxviii prereg.pdf)

H & I
Will bring a meeting to YOU! If you're in a hospital or
shut in and can't get to one.

Contact:

Or Cordelia B. 889-8119
Lara B. 235-5573

LACNA XVIII Positions and sub-committee meeting info.

Chair-----Bobby E. (502)387-9065
Vice Chair-----Latonia B. (502)819-1630
Secretary-----Kat S. (502)797-7867
Treasure-----Angie B. (502)681-7178

Hotel and Hospitality For More information call [Larry B. \(502\)648-5759](tel:5026485759)
Meeting is 1st Monday of each month, 5:30 p.m. @ Expression of You Coffee House, 1800 West Muhammad Ali Blvd.

Function and Fundraisers For More information call [Mike S. \(502\)439-1962](tel:5024391962)
Meeting is every Saturday, 12:00 p.m. @ Old Louisville Coffee Shop, 1489 S. 4th Street

Registration For More information call [Nelle B. \(502\)819-9244](tel:5028199244)
Meeting is 1st Monday of each month, 5:00 p.m. @ Expression of You Coffee House, 1800 West Muhammad Ali Blvd.

Serenity Team For More information call [Vicky C.: 533-4952](tel:5334952)
Serenity Team is in need of trusted servants! 4th Saturday of each month 2:00 p.m. @ Expression of You Coffee House, 1800 West Muhammad Ali Blvd.

Programming For More information call [Kevin S. \(502\)693-8678](tel:5026938678)
Meeting is every other Monday, 6:00 p.m. @ St. Vincent de Paul Administration Bldg. 1015-c S. Preston Street

Art, Graphics, and Merchandising For More information call [Annisha H. \(502\)235-5065](tel:5022355065)
Submit the best theme and logo for LACNA 18 (see area news) or blessed01@insightbb.com
Meeting is 3rd Saturday of each month, 4:30 p.m. @ Old Louisville Coffee Shop, 1489 S. 4th Street

CARRYING THE MESSAGE

LOUISVILLE AREA NEWSLETTER SUBCOMMITTEE

CONTACT US:

IN PERSON/BY PHONE

Jack B. 502-231-6468
Mike C. 502-772-3336
Nathaniel R. 502-296-4974
Kevin P. 502-356-8130
Cheryl R. 502-744-3715
Frazier M. 502-797-3036

NA NEWSLETTER SUBCOMMITTEE

MEETINGS

NEED YOUR HELP!!
1st and 3rd Saturdays 2pm
Token III Club (Backroom)
4014 Dutchman's Lane

EMAIL

newsletter@NALouisville.org

ASC MEETING

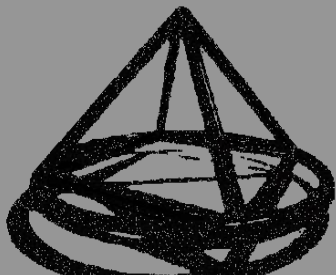
The First Sunday of Every Month
At 3pm
1722 Bardstown Road

We're on the Web!

See us at www.nalouisville.org

Download Your Favorite Issues

Just Click on 'newsletter'



Louisville Area NA
Helpline
502-499-4423

THIS IS YOUR NEWSLETTER!

YOUR SUBMISSIONS MAKE IT HAPPEN!

◆ NOVEMBERS TOPIC OF THE MONTH ◆

"Service"

Had fun at a Convention, a Function, or enjoyed something else about Recovery?
Write in and Tell Us About It!

When submitting, please remember space is limited and should be sent in by **Oct. 26th**.
You can email submissions to newsletter@NALouisville.org or call and we will make arrangements to pick it up. Any addict with a day clean and some willingness can contribute!

CLEANIVERSARIES

If you would like your Cleaniversary listed here: Contact us by phone - Contact us by email - Submit by GSR at ASC Meeting - Submit by home group report at ASC: We list this month's Cleaniversaries as well as the last 15 days of the previous month and the first 15 days of the next month.

We apologize for any Cleaniversary that we forget, or misprint!

Tommy J.	October 19 th	4 Years	Out Of Control
Michael W.	October 20 th	5 Years	Just Us
Walt E.	October 21 st	2 Years	Sunday Survivors
Jamie T.	October 22 nd	2 Years	Stick-N-Stay Basic
Norma T.	October 22 nd	2 Years	Against All Odds
Nancy S.	October 23 rd	10 Years	Sweet Surrender
Angela R.	October 24 th	9 Years	Unity of Hope
Rodean F.	October 26 th	6 Years	The Stopping Point
Theodore B.	October 26 th	3 Years	Out Of Control
Carl L.	October 28 th	12 Years	Sunday Survivors
Angie B.	October 29 th	6 Years	Why Are We Here
ManFrieda D.	October 31 st	1 Year	Unity of Hope
Nathaniel R.	November 1 st	3 Years	AGAPE
Donald G.	November 2 nd	1 Year	Day By Day
Rodney B.	November 2 nd	13 Years	Out Of Control
Charlotte W.	November 3 rd	5 Years	Just Us
Latoria B.	November 4 th	10 Years	Walking & Talking Recovery
Tim W.	November 5 th	4 Years	Dope Or Us
Michael T.	November 6 th	3 Years	Sweet Surrender
Steve S.	November 6 th	4 Years	We Too Recover
Ernie W.	November 9 th	13 Years	Highland Peace
Jeff H.	November 9 th	13 Years	Highland Peace
James P.	November 10 th	6 Years	Saturday Nite Live
Stephanie C.	November 10 th	19 Years	Just Us
Helen T.	November 13 th	5 Years	Gratefully Dedicated
Keisha H.	November 13 th	1 Year	We Too Recover
Melvin G.	November 16 th	15 Years	Out of Control
Ron R.	November 20 th	1 Year	We Too Recover
Anthony W.	November 21 st	5 Years	Unity of Hope
Carolyn W.	November 21 st	2 Years	A Vision of Hope
Lisa E.	November 21 st	4 Years	Take it Easy
Lionel T.	November 26 th	8 Years	Against All Odds
Sharon C.	November 28 th	13 Years	Unity of Hope
Carolyn P.	November 30 th	4 Years	Out of Control
Donald M.	November 30 th	6 Years	Old School Recovery
Cordellia B.	December 5 th	6 Years	Unity of Hope